



LIFE

 pomelo care



Maternity and Infertility Support At-A-Glance

Pomelo Care - available at no extra cost for medical plan members

Medical plan members have access to Pomelo Care that provides 24/7 telehealth for pregnancy and infant care before, during, and after pregnancy. If you are an expectant birth mom, a recent birth mom, or a spouse, Pomelo will offer access to a team of doctors, midwives, nurses, therapists, nutrition experts, and more.

Pomelo will also be your guide to the infertility benefits available through the Koch medical plan, which includes a \$20,000 lifetime max for treatment.

Fertility Care	Pregnancy and Infant Care
<ul style="list-style-type: none"> • Receive support and care from dedicated doctors, nurses, dietitians, and therapists • Get answers to common questions including how to track cycles and how to optimize prenatal health 	<ul style="list-style-type: none"> • Receive support and care from dedicated doctors, nurses, dietitians, lactation consultants, and more • Get answers to common questions including pregnancy symptoms and how to manage diabetes during pregnancy • Lactation support for new moms, including free breast milk shipping for those who travel for work
<p>Virtual Care Anytime and Anywhere</p> <p>Available 24/7 over the phone for support, including</p> <ul style="list-style-type: none"> • Personalized fertility and family planning support, including understanding and treating any fertility-related conditions • Free pregnancy tests and ovulation kits • Help with cycle tracking and optimizing prenatal health • Clinician-led group fertility sessions • Care for prenatal stress, anxiety, and depression 	<p>Virtual Care Anytime and Anywhere</p> <p>Available 24/7 over the phone for support, including</p> <ul style="list-style-type: none"> • Help with nausea, fatigue, pain, and any other symptoms • Doula and labor support to empower families through birth and beyond • One-on-one nutrition coaching and meal planning • Care for prenatal and postpartum stress, anxiety, and depression



Need support?

Access your health advocate through the [Sharecare app](#) or by calling **855-452-0478. You may also contact Pomelo Care at pomelocare.com/for/koch or by calling **316-226-8997**.**

This information applies to U.S. employees who are enrolled in a Koch-company medical plan.

Any conflict between this summary and the benefit plan documents shall be controlled by the plan documents. If there is any conflict between this summary and your company's policies, the company policy shall control. Koch Industries, Inc. reserves the right to make changes in the benefits, costs and other provisions relative to employee benefits or to terminate any benefit plan or program offered to employees at any time.

myLifeChoices

