



LIFE



Unlimited 1:1 Coaching At-A-Glance

As a Spring Health member, you have access to experts and resources to help you navigate life's challenges.

Self-Actualize at Home and Work with Help from a Professional Coach

With Spring Health, you (and all members of your household) have access to unlimited professional coaching sessions each year to help you achieve your goals whether it's fitness, financial, career, or something else. There is no enrollment required or cost to you.



Need support?

Access Spring Health at springhealth.com/koch or by calling 855-629-0554.

For more detailed information, see the *Summary Plan Description* under *Plan Documents* at [NetBenefits.com](https://netbenefits.com).



This information applies to eligible U.S. employees of Koch Industries, Inc. and affiliated companies. It does not apply to employees classified as temporary, intern, temporary Field Service, OPD Field Service, Engineering Field Boilermaker, employed by Encadria Staffing Solutions, LLC.

Any conflict between this summary and the benefit plan documents shall be controlled by the plan documents. If there is any conflict between this summary and your company's policies, the company policy shall control. Koch Industries, Inc. reserves the right to make changes in the benefits, costs and other provisions relative to employee benefits or to terminate any benefit plan or program offered to employees at any time.

myLifeChoices

