



HEALTH



Virtual Physical Therapy At-A-Glance

High-Value, Enhanced Care Through Hinge Health

Save time and money while overcoming pain anytime, anywhere through virtual physical therapy. Hinge Health is available at no cost.

We provide all the tools you need to get moving again from the comfort of your home. You'll get exercise therapy tailored to your needs, technology for instant feedback in the app, a personal coach and physical therapist. All the care you need is in your Hinge Health toolkit.

- ▶ **A free tablet and wearable sensors**
- ▶ **Personalized exercise therapy**
- ▶ **Unlimited virtual 1-on-1 health coaching**

Conquer back and joint pain without drugs or surgery

Sign up today for help with any of the following:

- Conquer pain or limited movement
- Recover from a past injury
- Reduce stiffness in achy joints



Need support?

Access your health advocate through the **Sharecare app** or by calling **855-452-0478**. You may also contact Hinge Health at **Hinge.Health/Koch** or by calling **855-902-2777**.

For more detailed information, log in to the Koch Benefits Enrollment site to see your *Benefits Guide* and the *Summary Plan Description* under *Plan Documents*. Infor employees can find these documents on the U.S. HR SharePoint site.

This information applies to U.S. employees.

Any conflict between this summary and the benefit plan documents shall be controlled by the plan documents. If there is any conflict between this summary and your company's policies, the company policy shall control. Koch Industries, Inc. reserves the right to make changes in the benefits, costs and other provisions relative to employee benefits or to terminate any benefit plan or program offered to employees at any time.

myLifeChoices

